

CURRICULUM VITAE

ÁLVARO CAMACHO

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EDUCATION:

GRADUATE STUDIES:

1991-1997 Medical Doctor
Xavier University, School of Medicine
Bogotá, Colombia

1996 Independent Study Project: 4th year Medical Student.
Neurobiology of Stress.
Mentor: Joel E. Dimsdale, MD.
Department of Psychiatry. University of California, San Diego.

1996-1997 Internship:
San Ignacio de Loyola. University Hospital.
Xavier University, Bogotá-Colombia.

1998-1999 Visiting Scholar:
Department of Psychiatry. University of California, San Diego.
Mentor: Joel Dimsdale, MD.
Field of Research: Platelets, Stress and Psychopathology.

1999-2003 Psychiatry Residency.
University of California, San Diego.

2002-2003 Chief Resident. Alcohol and Drug Treatment Unit.
VA Healthcare System San Diego.
Director: Marc A. Schuckit, M.D.

2002 Clinical Research through Supplemental Training (CREST).
Department of Medicine. University of California, San Diego.

2010-2011 Masters in Public Health
Community Health Sciences. School of Public Health.
University of California, Los Angeles.

Nov 2011-Oct 2013 NIH/NHLBI T-32 Fellowship
Epidemiology & Behavioral Medicine
Division of Preventive Medicine
University of California, San Diego

July 2012 Scholar. 10 Day Epidemiology Fellowship Seminar. American Heart Association. Tahoe City, CA.

CERTIFICATION.

2001 Medical License. State of California.
2005 American Board of Psychiatry and Neurology.
2010 Medical License. State of Arizona

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HONORS & AWARDS :

- 2001 Minority Fellowship Award
American Psychiatric Association & Center for Mental Health Services.
* Aimed to improve Mental Health Research among Hispanics.
- 2002 Developmental Grant.
HIV Neurobehavioral Research Center (HNRC).
"Brain Metabolic Abnormalities in Methamphetamine-Induced Depression.
- 2003 Lewis L. Judd Chairman's Research Award.
Department of Psychiatry. UCSD.
- 2005-Present Assistant Clinical Professor of Psychiatry
University of California, San Diego.
- 2009 American Psychiatric Foundation Award.
Advancing Minority Mental Health.
- 2012 Scholar of the Year. American Heart Association. NIH/NHLBI
10-Day Seminar in Cardiovascular Epidemiology.
- 2013 Critical Issues in Latino Mental Health. Sponsored by
NIH/NIMH. PI: Javier Escobar, MD
- 2013 Mentoring Researchers in Latino Health Disparities.
Sponsored by NIH/NHLBI. PIs: John Elder, PhD and Greg Talavera, MD,MPH. Institute of Behavioral and Community Health. San Diego State University.
- 2013 Adjunct Professor. Department of Psychology
San Diego State University.

PRESENTED ABSTRACTS

- **Camacho A**, Dimsdale J.E. Psychological Stress and Platelets: A citation analysis of 30 years. Annual Meeting of the American Psychosomatic Society. Citation Poster. Psychosom. Med. 1999, 61:1. p.84.
- Matthews, S.C., **Camacho A**, Dimsdale, J.E. The Internet for Medical information: Help or hindrance. Psychosom. Med. 2002; 64:1. 166.
- **Camacho A**, Schweinsburg AD, Brown GG, Brown SA, Tapert SF. FMRI and Mood State in Alcohol Dependence. Poster-American Academy of Addiction Psychiatry. Dec. 2002.
- Camacho A**, Ng B, Galangue B, Feifel D. Use of risperidone long acting injectable in Hispanics living in Rural Southern California. American Psychiatric Association Meeting. May 2008.
- Camacho A**, Simmons A, Ng B, Matthews SC, Akiskal HS. A factor Analysis of Different Temperament Domains in a Border Region In Rural Southern California. American Psychiatric Association Meeting. May 2009.
- Ng B, **Camacho A**, Dimsdale JE. Prevalence and Ethnic differences of Somatization Disorders in a Rural California Community. American Psychiatric Association Meeting. May 2009.

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- **Camacho A**, Ng B, Collins P, Fong T, Stewart S. Psychometric evaluation of the Gambling Motives Questionnaire in an Indian tribe in rural Southern California. 20th Annual Meeting. American Academy of Addiction Psychiatry. Los Angeles, CA. Dec 2009.
- **Camacho A**, Simmons A, Ng B, Matthews SC, Frye MA. Under recognition of bipolar disorder among Hispanics attending a rural alcohol and drug treatment program in Southern California. 4th Biennial Conference of the International Society of Bipolar Disorders. Sao Paulo, Brasil. March 2010.
- Gaspar J, **Camacho A**, Simmons A, Ng Bernardo, Vahia I, Matthews SC, Frye MA. Are we over-diagnosing Bipolar Disorder or missing something else. The utility of the MDQ in a rural clinic by the US-Mexico Border. Institute of Psychiatric Services. Boston. October 2010.
- **Camacho A**, DelaEspriella R, Simmons AN, Gonzalez-Ballesteros L, Ng B, Vahia I, Matthews SC, Akiskal KK, Akiskal H. Prevalence of Different Temperament Domains in an Outpatient Clinic in Bogota, Colombia. American Psychiatric Association Meeting. Hawaii. May 2011.
- **Camacho A**, Ng B, Vahia I, Chavira D, Allison MA, Frye MA, Stein M. Association between Diabetes, Mood and Anxiety Disorders among Hispanics attending a Community Clinic in Rural Southern California. American Psychiatric Association Meeting. Hawaii. May 2011.
- Castilla-Puentes RC, **Camacho A**. Anxiety Disorders in Bipolar Children: A cohort study of a national managed care database. International Society of Bipolar Disorders. Istanbul.Turkey. March 2012.
- Castilla-Puentes RC, Castilla-Puentes WI, Castilla-Puentes SR, Lopez IS, **Camacho A**, Habeych M, Sanchez-Russi CA. Suicidal behavioral in bipolar children: A community based multisite investigation. International Society of Bipolar Disorders. Istanbul.Turkey. March 2012.
- **Camacho A**, Gonzalez P, Buelna C, Emory K, Talavera G, Roesch S. Latent Profile Analysis of Anxious-Depression among Hispanic/Latinos: Results from the Hispanic Community Health Study/Study of Latinos (HCHS/SOL). Presented at Anxiety and Depression Association and International Society of Clinical Trials and Methodology. 2013.
- Gonzalez P, Birnbaum-Weitzman O, Navas-Nacher E, Gallo LC, **Camacho A**, Buelna C, Castañeda SF, Merz EL, Penedo FJ, Isasi C, Wassertheil-Smoller S. Measurement Properties of the Center of Epidemiologic Studies-Depression Scale (CESD-10): Findings from the HCHS/SOL Socio-cultural Ancillary Study. Presented at AHA/EPI. March 2013. New Orleans, LA.
- **Camacho A**, Larsen B, McClelland R, Morgan C, Criqui M, Cushman M, Allison M. Association of Inflammatory Markers with Subsyndromal Depression: The Multi-Ethnic Study of Atherosclerosis. Presented at AHA/EPI. New Orleans, LA. 2013.

REVIEWS & BOOK CHAPTERS.

- Bipolar Disorder. Reviews and Commentaries. Sept 2006.
- Comorbid Substance Abuse and Psychiatric Disorders in Adolescents. Tratado de Pediatria Meneghello. Asociacion de Psiquiatria, Chile. *In Press*.

- Bipolar Disorder type II. Sociedad Colombiana de Psiquiatría Biológica. Bogota. Colombia. October 2010.

Reviewer for Scientific Peer-Review Journals

2013 Plos One

Biological Psychiatry

Community Mental Health Journal

Journal of Clinical Psychiatry

ORIGINAL PUBLICATIONS

1. **Camacho A**, Dimsdale JE. Platelets and Psychiatry: Lessons learned from old and new studies. *Psychosom. Med.* 2000; 62:326-336.
2. **Camacho A**, Matthews S, Dimsdale JE. "Invisible" Opiate induced Psychosis. *N. Engl J. Med.* 2001; 345:6. 484.
3. Ng B, Bardwell W, **Camacho A**. Depression Treatment in rural California. Survey of non-psychiatric physicians. *J. Rural Health.* 2002; 18(4). 556-61.
4. **Camacho A**, Stein M.B. Use of Modafinil for Social Phobia and Amphetamine Dependence. *Am. J. Psychiatry.* 2002; 159(11). 1947-8.
5. Matthews SC, **Camacho A**, Mills PJ, Dimsdale JE. The internet for medical information about cancer: help or hindrance? *Psychosomatics* 2003;44(2):100-3.
6. Matthews SC, **Camacho A**, Lawson K, Dimsdale JE. Use of herbal medications among 200 psychiatric outpatients: prevalence, patterns of use, and potential dangers. *Gen Hosp Psychiatry* 2003. 25(1):24-6.
7. **Camacho A**, Matthews SC, Dimsdale JE. Use of GHB among HIV positive individuals. *Am. J. Addict.* 2004. 13:(2). 20-7.
8. **Camacho A**. Are some forms of substance abuse related to the Bipolar Spectrum? Hypothetical considerations and Therapeutic Implications. *Primary Psychiatry.* 2004. 11 (9):42-46
9. **Camacho A**, Akiskal H.S. Proposal for a bipolar-stimulant spectrum: temperament, diagnostic validation and therapeutic outcomes with mood stabilizers. *J Affect Disord.* 2005. 85(1-2):217-30.
10. **Camacho A**, Matthews SC, Murray B, Dimsdale JE. Use of GHB compounds among college students. *Am J Drug Alcohol Abuse.* 2005. 31(4):601-7.
11. **Camacho A**, Ng B. Methylphenidate for alpha-interferon induced depression. *J Psychopharmacol.* 2006. 20(5):687-9.
12. Ng B, **Camacho A**, Simmons A, Matthews SC. Ethnicity and use of alternative products in psychiatric patients. *Psychosomatics.* 2006;47(5):408-13
13. Ng B, **Camacho A**, Lara D, Pinto O, Akiskal HS. A case series of the hypothesized connection between dementia and bipolar spectrum disorders. Bipolar type VI. *J Affect Disord.* 2008.107(1-3):307-15.
14. **Camacho A**, Ng B, Galangue B, Feifel D. Use of risperidone long acting injectable in a rural border community clinic in southern California. *Psychiatry(Edgmont)* 2008.5(6)43-49.
15. Ng B, **Camacho A**, Bardwell W, Sewell D. Use of lamotrigine for agitation in elderly adults. *Int Psychogeriatrics.* 2008. 6:1-2.

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16. **Camacho A**, Ng B, Frye M.A. Modafinil for Bipolar Depression with comorbid methamphetamine abuse. *Am J Addict.* 2010;19(2):190-1
17. Restrepo CG, Pedraza RS, **Camacho A**. Use of lithium during pregnancy: a case report using clinical decision analysis. *Rev Bras Psiquiatr.* 2010;32(1):95-8
18. **Camacho A**, Simmons AN, Ng B, Matthews SC, Akiskal HS. A factor analysis of different temperament domains in a border region in rural Southern California. *J. Affect Disord.* 2010; 126(1-2):46-8.
19. Ng B, Tomfohr L, **Camacho A**, Dimsdale JE. Prevalence and Comorbidities of Somatoform Disorders in a Rural California Outpatient Psychiatric Clinic. *J Prim Care Community Health.* 2011. 2(1); 54-59.
20. **Camacho A**, Ng B, Bejarano A, Simmons A, Chavira D. Crisis Visits and Psychiatric Hospitalizations Among Patients Attending a Community Clinic in Rural Southern California. *Community Ment Health J.* 2012;48(2):133-7
21. Vahia IV, **Camacho A**, Depp CA, Herrera A, Thompson WK, Munoz R, Jeste DV, Ng B. To what factors do rural-dwelling Hispanics attribute depressive symptoms? *Depress Res Treat.* 2013; 2013:781986
22. **Camacho A**. Is Anxious-Depression and inflammatory state? *Med Hypothesis.* 2013;81(4):577-8
23. Denes P, Garside DB, Lloyd-Jones D, Gouskova N, Soliman E, Ostfeld R, Zhang ZM, **Camacho A**, Prineas R, Raji L, Daviglus ML. Major and Minor Electrocardiographic Abnormalities and Their Association With Underlying Cardiovascular Disease and Risk Factors in Hispanics/Latinos (from the Hispanic Community Health Study/Study of Latinos). *Am J Cardiol.* 2013; 112(10):1667-75
24. Castilla-Puentes R, Sala R, Ng B, Galvez J, **Camacho A**. Anxiety disorders and rapid cycling: data from a cohort of 8129 youths with bipolar disorder. *J Nerv Ment Dis.* 2013; 201(12): 1060-5.
25. Ng B, **Camacho A**, Dimsdale J. Rural psychiatrists creating value for academic institutions. *Psychiatr Serv.* 2013;64(11):1177-8

TEACHING & COMMITTEES:

1993-1994	<u>Teaching Assistant.</u> Department of Physiological Science. Xavier University-School of Medicine. Bogota, Colombia.
2001; 2003.	<u>Group Leader.</u> Psychopathology Course for second year medical students. University of California, San Diego. School of Medicine
2001	<u>Teaching Assistant.</u> Basic Neurology course. First year medical students. University of California, San Diego. School of Medicine.
2001	<u>Member: Committee on Treatment for Addictive Patients.</u> American Psychiatric Association.
2006-2007	Consultant. Council on Addiction Psychiatry American Psychiatric Association.

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WORK EXPERIENCE:

1997	Obligatory Social Service. Tocaima Hospital. Broad coverage of Primary Care and Emergency Medical Attention.
1997	General Practitioner at Mental Health Unit. Santa Clara Hospital. Bogotá. Participated in psychiatric inpatient follow up, care and treatment.
Dec 2004	Admitting Privileges. Department of Psychiatry Scripps Mercy Hospital. San Diego, CA. Admitting Privileges. Psychiatry. Grossmont Hospital. San Diego, CA.
March-Sept 2004.	Attending Psychiatrist & Clinical Instructor. Department of Psychiatry. Xavier University. Bogotá, Colombia.
June 2004.	Attending Psychiatrist. Psychiatric and Behavioral Health Unit Inmaculada Hospital, Bogotá, Colombia.
2004 – 2011	Staff Psychiatrist. Imperial County Behavioral Health. El Centro, CA.
Nov 2004 – Present	Private Practice. Psychiatry and Addiction Medicine Sun Valley Behavioral Medical Center Imperial, CA.
Jan 2005-Present	Consultation & Liaison Department of Medicine El Centro Regional Medical Center. El Centro, CA Pioneer's Memorial Hospital Brawley, CA.
Apr 2005 – 2011	Assessments for Competency to Stand Trial. Imperial County Jail El Centro, CA.
Mar 2007- 2009	Psychiatrist. San Diego County Sheriff's Department. Vista Detention Facility.
JAN 2009	<u>Staff Psychiatrist</u> . U.S. Department of Indian Health Services. Fort Yuma. Winterhaven, CA. Quechuan Tribe,
Mar 2007 – 2011	<u>Medical Director</u> Imperial County Behavioral Health Services. El Centro, CA.
2010-Present	Contracted Psychiatrist. Clinicas de Salud del Pueblo. Calexico, CA.

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PRESENTATIONS:

- 2000 4th Latin-American Congress of Neuropsychopharmacology. SPEAKER. Platelets and Psychopathology COLOMBIA. South America.
- 2003 Symposium: What the General Psychiatrists need to know about Addiction. Club Drugs. 156th Meeting of the American Psychiatric Association. San Francisco, CA. 2003.
- July 2004 Use of Intramuscular Olanzapine. Experience among clinicians in Bogotá. Sponsored by Eli Lilly Laboratories. Bogotá, Colombia.
- 2007 160th Meeting of the American Psychiatric Association. Media Workshop: Treatment of the Addicted Adolescent.
- 2007 Asociacion Mexicana de Psiquiatria. SPEAKER. Comorbid Mood and Methamphetamine Disoder. A Border Perspective. Tijuana, BC. Mexico
- 2010 Bipolar Disorder and Temperament. Asociación Colombiana de Psiquiatría Biológica. Bogotá. Colombia.
- 2011 Mood Disorders and Pathological Gambling. Educational Meeting. Baja California State Hospital. Ensenada, Mexico.
- 2012 Mood Disorders and DSM-5. Colombian College of Neuropsychopharmacology. Bogota. Colombia.
- 2013 The California Experience on Integrated Care. Presented at Institute of Psychiatric Services. Oct. Philadelphia, PA
- 2013 Latinos in Clinical Research. Presented at Latino Behavioral Health Institute. Los Angeles, CA.
- 2013 Inflammation and Psychiatric Disorders. Presented at the Annual Meeting of the Mexican Psychiatric Association. Guadalajara, Mexico.

PERSONAL:

Languages:

Fluent in spoken and written English and Spanish.

Fluent in spoken Portuguese. Good basis in spoken French.